



Team Revolution

From the person, to the team, to the result.



INTEGRALIS
CONSULTING

Objective

This program aims to seize the opportunity to capitalize on what the team has learned from the current context and achieve a better experience in this new reality.

Through a personal work, leaders learn to be responsible for their development and acquire tools to accomplish the life balance they wish. For its part, the organization provides the conditions and resources they need to achieve it. This allows the organization and its members to become more effective in their tasks, their relations and their alignment with the purpose.

*As a result, organizational culture evolves through everyday work:
the organization gains more value in its offer as an employer,
while collaborators live with a greater meaning and a
better quality of life.*

What do we do?

Participants will learn to:

- Achieve quality of life.
- Identify his/her next level.
- Integral development.
- Define his/her purpose: What is important for me?
- Align personal purpose with the purpose of my organization.
- Flow when responding to uncertainty.
- Integrate perspectives.
- Self-manage: prioritize, delegate and minimize multitasking.
- Think, decide, commit.
- Coordinate in an agile way: Who does what and by when.
- Lead effective meetings.



How do we do it?

Process:

Pre-Work

- Self reflection online questionnaire with closed-ended or open-ended questions.
- Simple yet powerful personalized challenges that may include: reading material related to the content of the program, material download that will be used as reference in the virtual session, short videos, etc.

Virtual Workshop

- Four virtual sessions plus one optional session. Two hours each, facilitated by an Integralis consultant.
- In each virtual session, the main concepts of the program will be explained, and participants will do exercises to assimilate the tools in an agile, entertaining and practical way.
- Sessions will be held with an interval of two days.

Post-Work

- At the end of the fourth virtual session, participants must log into the platform to do a final activity that includes:
 - Self reflection online questionnaire with closed-ended or open-ended questions.
 - Individual homework to close the learning path and formally end the program.

This learning program uses an online platform to keep track of each participant's progress and offer details of the advance to managers and the training division.





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We believe together we can build
a Better Normal.